



**HUDSON YOUTH FOOTBALL
AND CHEERLEADING
PO BOX 643, HUDSON, MA 01749**

**WELCOME PACKAGE 2008
PARENT HANDOUT**

Welcome to our fall 2008 campaign. This document contains some of the information regarding practices, game days, and a variety of other helpful data.

HUDSON YOUTH FOOTBALL & CHEERLEADING WEBSITE:

www.hudsonyouthfootball.com

Here you will find directions to other fields, team specific message boards, as well as updates and other information. Please visit our website regularly.

PRACTICE REQUIREMENTS:

August Training Camp – Participation is mandatory. Practices begin on July 28. Practices run every day from Monday thru Thursday for the entire month, but can sometimes be 5 days a week, typically from 5:30-7:30; the start of the season is set by the AYF national board. We are under strict rules from AYF's National Board of Directors with regards to the amount of practice time required before any player can suit up, make contact or participate in the 2008 season. Please plan any family vacations around this commitment.

Regular Season Practice Schedule – Once school begins, practice is three days a week. Your Head Coach will establish practice days. Practice is mandatory and for safety reasons. It is for this reason that Hudson Youth Football & Cheerleading has adopted a policy to deal with unexcused Practices. Please consult your Child's Head Coach for their actual policy.

Team Placement:

How are team placements determined- Once registrations are close to being finalized the league will then determine which Football team or Cheer squad your son or daughter will be placed on. It is our goal to make sure all teams are equally balanced by age, weight and skill based upon the American Youth Football age and weight matrix. Siblings will always be placed on the same team or at the same level as long as they fall into the established guidelines. We will not be able to accept any special requests other than siblings for team placement. We will set up the teams based upon the levels we are fielding.

REGISTRATION FEES:

What do they pay for? – The fees we charge go towards the basic fees of Football and Cheerleading. The fees do not cover expenses such as Cheer competition and game day officials, which is why we are making volunteering mandatory as well as fundraising this year. So please consider helping out. If you would like to know what is involved with running this program as far as volunteer hours and money required to maintain the program please talk to one of our board members. We would be happy to spend some time and explain it to you.

VOLUNTEERS:

Help run our program- There are many opportunities to become involved and help run the program, we have openings on the H.Y.F.C. board as well as openings for Coaches and team parents, please see a volunteer at registrations if you have any questions in what this involves.

GAME DAY:

Game Day Parent Volunteers – Parents are required to work the sideline helping with Yard Markers, player counts, 50/50, and in the concession stand. Your Team Parent will be making contact in search of volunteers.

Play Time – The National AYF Board of Directors has set a minimum play rule for all football players at every level. The amount of playtime required per individual is based upon the total number of players listed as able to play for a given game. The average minimum plays per game are 10 plays. Although it is not the intent of HYFC to keep players to 10 plays it shall be the decision of the Head Coach based on both safety of the individual and that of the other players on the field.

PAPERWORK:

The following paperwork must be completed and returned to the head coach before they may practice.

Birth Certificate: Raised Seal or Notarized Copy with raised seal of your player/cheerleaders birth certificate.

Medical Release or Physical: The physical must have taken place after January 1st of the current season or if the medical release form is used it must be signed and dated by the player/cheerleader's doctor after January 1st of the current season.

Copy of Current Year End Report Card

Signed Player or Cheerleader Code of Conduct

Signed Parent Code Filled Out With Registration Form

CALENDAR RAFFLE:

Hudson Youth Football & Cheerleading has one mandatory fund raising event – The Calendar Raffle. Each player/cheerleader is asked to sell 5 calendars. is distributed. Calendars will be issued at practices. This is our biggest fundraiser and the money raised is critical to ensure the continuing success of the program.

Each \$10.00 numbered calendar is put into a drawing. Once a day, throughout October, one is drawn and that person wins a cash prize. Each day has a predetermined dollar amount and the amounts range from \$25.00 to \$250.00. Details can be found on our Website.